

January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Free Breakfast served daily at 7:50am when school is in session.			1	2	3	4
5 Fresh Fruit offered daily to grades 6-12	6 Shrimp Poppers Asian Salad Pineapple Fortune Cookie	7 Chicken Gravy Mashed Potatoes Green Beans Mixed Berries w/g Roll	8 Scrambled Eggs Bacon Strip Carrot Sticks Banana Blueberry Muffin	9 Cheeseburger Sweet Potato Fries Side Salad Pears	10 Beef Nachos Refried Beans Mexican Corn Salad Orange Slices No Salad Bar	11
12 Milk offered daily: ½ pint 1% white ½ pint fat free chocolate	13 Grilled Cheese Chili Side Salad Fresh Pear	14 Corn Dog Coleslaw Green Beans Strawberries	15 Grilled Chicken Breast Butternut Squash Broccoli Salad Apple Split w/g Roll	16 Pancake on a Stick Hashbrown Baby Carrots Applesauce	17 Fish Sticks Macaroni & Cheese Kale Salad Grapes	18
19 Condiments offered: Catsup, BBQ Sauce, Mustard, Mayonnaise, Lite Ranch Cup	20 <i>1/2 day, MLK, Jr.</i> <i>Day (His favorite</i> <i>meal<3)</i> Y5-6th grade Fried Chicken Sweet Potatoes Collard Greens Pecan Tart 7-12th grade "to-go" Cook's Choice	21 Burrito Ranch Veggie Salad Corn Grapes	22 Chicken Poppers Mashed Potatoes & Gravy Corn Sherbet w/g Roll	23 Pork Chop Corn on the Cob Baked Beans Applesauce w/g Roll	24 Pizza Side Salad Baby Carrots Banana	25
26	27 Ravioli Cottage Cheese Corn Pears w/g Roll	28 Chicken Fajita Refried Beans Corn Cantaloupe	29 Philly Cheesesteak Broccoli & Cauliflower Strawberries	30 Ham & Cheese Sliders Potato Soup Kale Salad Peaches	31 Cheese Omelet Spinach Salad Berry Mex Yogurt Blueberry Muffin	